



## **B.C. First Nations Head Start Educational Sensory Integration Program**

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CHILDREN AT THE ADAMS LAKE HEAD START IN CHASE, B.C. PREPARE FOR LEARNING ACTIVITIES BY FIRST DOING PHYSICAL ACTIVITY THAT PROMOTES RIGHT AND LEFT BRAIN DEVELOPMENT.

The children enjoy walking on balancing beams and sitting on rotating boards. They also work one-on-one with a staff member, using a ball suspended from the ceiling, taking turns grabbing, catching, and throwing the ball with the left hand and then the right. The balancing beams are a regular part of Circle Time, with the beams arranged in a circle for the children to sit on at the beginning of Circle Time.

Adams Lake staff took a one-week program (with the facilitator coming to deliver the training in their community) to learn about the "Educational Sensory Integration Program" and how to integrate it into their centre activities. Other early childhood programs in the Chase area have noticed the new program and other centres have asked to borrow the equipment to use in their own programs.

The physical activities are especially helpful with children who are hyperactive. It helps to settle them down before a learning activity is to take place. Parents and staff really notice the difference in children's learning attitudes since the inception of the program.

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Balance Boards, Walking Board, Koosh Balls, Pendulum Ball, and training manual available from:

Educational Sensory Integration Inc.  
3608 West 38th Avenue  
Vancouver, BC V6N 2Y2  
Phone: 604-266-1981 Fax 604-261-1976  
E-mail: [info@esii.org](mailto:info@esii.org)  
Web site: [www.esii.org](http://www.esii.org)  
On-site training at your facility also available.