



## B.C. First Nations Head Start Fall Curriculum Ideas

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WHEN YOU THINK OF THE FALL MONTHS, TRY TO INCORPORATE YOUR LOCAL CULTURE INTO THE CURRICULUM. What did your people do in the fall? Did they hunt, fish, gather wood, or prepare food like smoked meat or salmon? Brainstorm with some Elders from your community to find out more.

Leaves changing colors... weather changing... getting ready for winter...

Salmon runs are expected to be big this year. In October, the biggest run of spawning salmon will return to the Adams River near Chase, in the interior. In any community, this would be a great field trip, especially if Elders and lots of parents accompany your children. Make it a picnic and bannock day! Look for information about spawning salmon so you can tie it in to your curriculum.

### **More ideas**

Create a First Nations counting game using language words. Adapt "One Potato, Two Potato..." to a sequence using words from your own language.

Find old calendars and cut out pictures of deer and other animals and then put the First Nation words on the bottom to make language cards. Say the word and get the children to repeat it. Once they are comfortable saying the animal words you can use these cards for games. If you make two pictures of each animal, they can be used for a game of Concentration or Go Fish.

Adapt some children's songs like "The Bear Went Over the Mountain" or "Old MacDonald" to include First Nations animals or fish. Change the words so they are relevant to your community.

Create small fishing poles and a fishing pond out of a cardboard box. Put pictures of fish with the language word on them. Children can fish for them and then try to pronounce the names of the fish when they catch them.

For more curriculum ideas, check out the *Daycare Providers Homepage* (they have millions of ideas and links) at [www.icomm.ca/daycare](http://www.icomm.ca/daycare).