



Growing Together is a quarterly publication of the BC First Nations Head Start On-Reserve program.

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Submission Info

- Submissions accepted on a continuous basis.
- Announcements & news from your site
 - Write-ups about your Head Start successes
 - Site profiles
 - Suggestions of people to recognize
 - Funny or touching stories about things children (or families or staff) said or did
 - Challenges and questions you have
 - Photos of events, children, staff, families

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Upcoming Events

September 30, 2006
Annual Northwest Regional Child Care Conference (Terrace). Workshops on advocacy, music, infant-toddler, parent partnership, obesity, setting boundaries and more + merchant fair. Cost \$60 (\$50 if early bird registration).
Tel: (250) 638-1113
Toll free: 1-888-638-1863

September 30, 2006
North Shore Early Childhood Conference: To Learn, To Wonder (North Vancouver). Capilano College. Cost \$55.
Tel: (604) 985-7138
Web site: www.nsececonference.com

October 5 – 6, 2006
2006 Northwest Regional FASD Conference: Bridging the Gap Between Diagnosis and Success (Lynwood, Washington).
Tel: (260) 940-2832
Web site: <http://www.nofaswa.org/>

November 4, 2006
Family Childcare Conference (Prince Rupert).
Tel: (250) 622-2434
Email: bpacth@citytel.net

November 17 – 18, 2006
Quality Aboriginal Child Care. Annual BC Aboriginal Childcare Society training conference (Richmond). Registration packages available mid-September. For more info, contact Denise Lacerte.
Tel: (604) 913-9128
Email: denise@acc-society.bc.ca

November 19 – 22, 2006
World Forum 2006: Future Directions in Child Welfare (Vancouver). Knowledge, information and data on promising practices and innovative approaches to prevention and response to child abuse and neglect, emphasizing new trends and research in child welfare practice.
Toll-free: 1-866-660-9704
Email: worldforum2006@gov.bc.ca

nutrition TIP

Fun and nutritious food ideas

Banana Dogs

Spread a plain whole grain hot dog bun with peanut butter.
place a banana in the bun.
Cut into snack-sized servings.



Orange Sunny Milk

1 softened 16 oz. can frozen, unsweetened orange juice concentrate
1/3 cup instant dried milk
1/2 cup cold water
1 teaspoon vanilla
10 ice cubes

Blend ingredients
(need to have blender).

